



การประชุมวิชาการนำเสนอผลงานวิจัยระดับชาติและนานาชาติ ครั้งที่ 16
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Managing Crisis Pressure in Post-Emergency Student Affairs of Guizhou T University Students in The Modern Era

Qiushi Zheng

Department of Educational Administration, Graduate School,
Suan Sunandha Rajabhat University, Thailand

Email: 278263773@qq.com

Thada Siththada

Department of Educational Administration, Graduate School,
Suan Sunandha Rajabhat University, Thailand

Email: thada.si@ssru.ac.th

Abstract

The purpose of this research was 1) to study the level of the managing crisis pressure in post-emergency student affairs of Guizhou T university students in the modern era, 2) research is conducted on the early warning and intervention of psychological crisis among university students, as well as the implementation of treatment plans. Interviews are conducted with professionals in this field based on actual situations to seek management suggestions for university students' mental health. Based on the theoretical framework of this article, the survey data and interview content are summarized. The findings were as follows: 1. Through statistical analysis of survey data and qualitative analysis of literature, this paper aims to understand the managing crisis pressure in post-emergency student affairs of Guizhou T university students in the modern era and analyze the problems in the managing crisis pressure in post-emergency student affairs. 2. This paper discusses the development for higher educational administrators of Guizhou T university in the modern era, in order to reference for improving the comprehensive level of managing crisis pressure in post-emergency student affairs in China.

Keywords: Psychological problems of university students' emergencies, Crisis stress management, campus security and stability

Introduction

In the report of the 19th National Congress of the Communist Party of China, it was proposed to "strengthen the construction of the social psychological service system, cultivate



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a social mentality of self-esteem, confidence, rationality, peace, and initiative". (Xi Jinping, 2016) The psychological health education for university students is not only an important link in the construction of a safe campus in universities, but also an important lever to maintain campus safety and stability. It can be seen that the country attaches great importance to the psychological education of university students.

Research Objectives

1. To study the development for managing crisis pressure in post-emergency student affairs of Guizhou T university students in the modern era.
2. To promote guidelines for the development of managing crisis pressure in post-emergency student affairs of Guizhou T university students in the modern era.

Research Scope

The scope of content

The research content of this paper is the managing crisis pressure in post-emergency student affairs of Guizhou T university students in the modern era, the scope of which mainly takes Guizhou T University as the research object, investigates the managing crisis pressure in post-emergency student affairs of Guizhou T university students, finds out the existing problems, and puts forward suggestions for the managing crisis pressure in post-emergency student affairs of Guizhou T university students in the modern era.

The scope of the variable studies

The scope of the variables studied. This study explores the coping strategies of Guizhou T University's student affairs in crisis stress management for university students. Based on this, the researchers collected information from various literature, literature, and related studies related to the strategies adopted by the student affairs department in crisis stress management for university students. The research variables are as follows:

1. Unexpected event
2. Emergency management
3. Psychological problems of university Students
4. Campus security and stability



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Methodology

Research on the Crisis Stress Management in Student Affairs after Emergencies among University Students at Guizhou T University 1) To study the managing crisis pressure in post-emergency student affairs of Guizhou T university students in the modern era 2) To propose guidelines for crisis pressure in post-emergency student affairs of Guizhou T university students in the modern era. The researcher has applied the concepts, theories, and related research to combine various information and important content as a guideline for the research study. It can be summarized as follows:

Population and sample

The population used in this research was teachers of Guizhou T University. Total 900 teachers (Guizhou T University, 2023). The sample group used 269 teachers from 2023, and the researchers determined the sample size using Krejcie and Morgan's sample size scale. (1970, pp. 607-610).

Research tools

The tool used in this study is a questionnaire on the crisis stress management assessment scale of Guizhou T University in student affairs after university emergencies, which is divided into the questionnaire and interviewee.

Data collection

The researcher distributed the questionnaire to the sample group, and collected data from 269 respondents.

Data analysis

The researchers will take out all the questionnaires received to check the completeness of each questionnaire, and bring the obtained data to the computer for statistical analysis, using statistical software packages to calculate statistical values.

Results

From the results of the study of the managing crisis pressure in post-emergency student affairs of Guizhou T university students in the modern era can be summarized according to the objectives of the study as follows:



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From the managing crisis pressure in post-emergency student affairs of Guizhou T university students in the modern era are smooth. ($\bar{x} = 3.50$, S.D. = 0.79), and if considering side by side By ordering the average from the most to the least, We will find that the highest value of factors of Psychological Professional Ability ($\bar{x} = 3.64$, S.D. = 0.76), Followed by factors of Daily management factors ($\bar{x} = 3.49$, S.D. = 0.72), Factors of Approaches to handling psychological crisis events ($\bar{x} = 3.48$, S.D. = 0.84), The lowest value of On site rescue knowledge ($\bar{x} = 3.42$, S.D. = 0.85).

The most important factor in the mental health management scale for university students is their psychological professional ability. The factors of daily management and psychological crisis event handling methods are also important. The knowledge factor value of on-site rescue is the smallest.

Conclusion and Discussion

The elements are related, and the elements interact with each other The application of crisis pressure management in student work after emergency response for college students has become a method to improve the efficiency of education and teaching, and to protect students. From the perspective of teachers, strengthen educational guidance methods. In the daily management of college students, teachers in the Student Affairs Office should establish the concept of "student-centered", achieve the goal of "everything for students, everything for students", care for and cherish students, be good at listening to their voices, meet their reasonable demands, provide efficient services for students, and promote their free and comprehensive development. Student affairs teachers guide and listen to the needs of students, and generate empathy, which is beneficial for student affairs teachers to carry out daily management (Doudou Xu, 2020). Teaching and educating people should balance strength and flexibility, and use relevant management systems and laws and regulations to regulate behavior (Lili Chen, 2023). The school regularly organizes a variety of learning and promotional modes for teachers (Yuanwu Chen, 2012). Teachers are the specific implementers of school management of student mental health education, and their words and deeds play a subtle role in influencing students. Therefore, teachers need to have the will to learn for life through various and multi-channel learning methods. At the same time, the service work of psychological crisis intervention for college students must also attach importance to the establishment of legal and ethical norms to protect the legitimate rights and interests of both parties and regulate the behavior of service providers. Continuously



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